



DAM WEST DOLPHINS

2010 PRACTICE AND MEET SCHEDULE

****Be on the lookout for up to date info****

DAM WEST DOLPHINS WEBSITE

www.damwestdolphins.com

2010 SEASON PRACTICE SCHEDULE

Monday May 17th We will begin mandatory daily practice at the Dam West Pool from 3:30pm-4:30pm for the 10 and under age group, and from 4:30pm-5:30pm for the 11-18 year age group until Cherry Creek School District ends school for the year. We will then follow the schedule below.

Thursday June 10th Daily Swim Practice:

6:15am-7:15am Open to anyone 13 years and older, or by coach approval

10 and under age group daily from 7:20am-8:20am

11-18 years old daily from 8:25am-9:25am

2010 SWIM MEET SCHEDULE

All meets begin promptly at 8:00am, with warm up starting at 7:00am

June 5 th	Home	Arapahoe Lakes
June 12 th	Away	Smoky Hill
June 19 th	Away	Castle Pines North
June 26 th	Home	Holly Park
July 4 th	FOURTH OF JULY BREAK NO DUAL MEETS	
July 10 th	Home	Clarke Farms
July 12 th	Prelims (Away)	Clarke Farms (10 & Under)
July 13 th	Prelims (Away)	Castle Pines North (11 & up)
July 17 th	Championships (Away)	Clarke Farms
July 18 th	Team Banquet	Dam West Clubhouse
July 24 th	All Stars (Away)	Castle Rock